

<p>Mr. P's Skipping Challenge</p> <p>These are the certificates that I will give out in May. I will just give out the most advanced certificate that your child achieves.</p>	<p>Trainee Skipper</p> <p>If a child in Reception or Year 1 shows that they are trying to learn (but isn't quite there yet), they will earn the Trainee Skipper Certificate.</p>	<p>Beginner Skipper</p> <p>5 continuous skips (without dragging the rope along the floor i.e. 'proper' skipping).</p>
<p>Intermediate Skipper</p> <p>30 seconds 'single bounce' skipping with no mistakes.</p>	<p>Advanced Skipper</p> <p>45 seconds 'single bounce' skipping with no mistakes.</p> <p>30 seconds 'single bounce' alternate foot skipping with no mistakes.</p> <p>10 cross-over skips with no mistakes.</p>	<p>Pro Skipper</p> <p>60 seconds 'single bounce' skipping with no mistakes.</p> <p>30 seconds cross-over skips with no mistakes.</p> <p>Continuous skipping of any style that includes 4 double-unders (at any time) with no mistakes.</p>