

o **Westhead Lathom St.
James C.E. Primary
School**



"Christian values are implicit in all that we do"

Emotional Health Policy

Last Reviewed Date: Spring 2016

Next Review Date: Spring 2019 Version Control:

Version	Date	Author/Editor	Revision Notes
V 1.0	11 th March 2006	Linda McVey	Original Policy documents copied into new format, with header, footer and version control. Policy reviewed and updated to ensure reflects current policy and practice
V1.1	18/9/08	Alison Albion	Policy reviewed and updated to ensure reflects current policy and practice
V2	May 2012	Alison Albion	Policy reviewed and updated to reflect current policy and practice
V3	January 2016	Alison Albion	Minor up-dates due to class reorganisation.

Signed.....Chair of Governors

Date.....

Mission Statement: Our School Now

Our school provides a secure, caring, stimulating and challenging indoor and outdoor environment that promotes a love of learning. Our children, parents, families, staff, governors and community work together to enable each child to become a happy, healthy, well-balanced individual in preparation for the opportunities, responsibilities and experiences of life.



The ethos of the school is based on the Christian ideals of commitment, responsibility and respect and love for Jesus Christ, self and others. We are committed to working in partnership with all of those involved in our children's development to lead our children towards tolerance, understanding, justice, and sensitivity to the needs of others and appreciation of the world around them.

Our motto "Enjoy, Respect, Learn, Achieve"

Vision Statement: Our Vision for the Future

- To provide role models who: go the extra mile; give of themselves and their time to meet the needs of the whole child; promote spirituality and an appreciation of the wonders of the natural world; promote a love of learning; develop Christian ideals of commitment, responsibility, respect, team-work, tolerance, understanding, justice, sensitivity of self and others and love for Jesus Christ, within a secure, caring, inspiring, stimulating and challenging environment both indoors and outside.
- For children, parents, families, staff, governors and community to work together in partnership to enable each child to become a happy, healthy, well-balanced individuals with self-confidence and belief that builds character to enable them to engage thoroughly, fulfilling each individual's potential through life's experiences, opportunities and responsibilities in a rapidly changing world.

Aims

Westhead Lathom St. James Church of England Primary School aims to :-

- Provide a broad and challenging curriculum and a stimulating learning environment that extends outside the classroom;
- Develop enquiring minds and spirituality through curiosity, awe and wonder of the world;
- Teach, demonstrate and praise Christian Values;
- Value the power of prayer;
- Teach with innovative and investigative approaches to learning;
- Provide an enriching programme of extra-curricular activities and visits;
- Plan a rich, varied and up-to-date range of learning resources;
- Encourage children to achieve their highest standards in all areas of the curriculum and to seek excellence within an ethos of support, challenge and encouragement to succeed;
- Teach children to work independently, collaboratively and become highly motivated lifelong learners;
- Include opportunities for creative thinking in problem solving settings, developing divergent thinking, adaptability and flexibility in preparation for the many changes ahead in life, including the rapid progress in technology;
- Build partnerships between the school, home and community;

- Strive for continuous improvement in all that we do;
- Continually self-evaluate and continue to improve upon current practice;
- Work collaboratively towards common goals;
- Place self-esteem and a positive and inclusive approach to behaviour as high priorities thus ensuring that individuals respect and value themselves, others and the environment and is motivated to do their best in school and beyond in order to become a fulfilled adult who gives to the community.

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At Westhead Lathom St. James we realise the importance of all aspects of emotional health and well being for children and staff. We recognise that in order for children and staff to achieve their potential in school life and in their job, it is necessary for them to feel confident, empowered and involved totally within our school community. It is vital that together we tackle inequalities and discrimination whilst actively promoting inclusion.

At all times we are vigilant to look for signs of stress or bullying within the school community so that we can be there for each other to dissolve tensions and solve problems together.

This is an important area for all school. At Lathom St. James we:

- Make sure all pupils are aware of who they go to for support.
- Celebrate all pupils achievements, through displaying work, sharing assembly and the giving of stickers and merits.
- Equal opportunities are provided for all. The disability equality scheme is in operation and is updated regularly. We operate an open door policy for parents to discuss any issues.
- Identify the stress levels of staff via daily staff informal updates and have systems in place for dealing with this
- Bullying is not tolerated and we have an anti-bullying policy and a strong behaviour policy which deals with any incidents which occur.
- All staff achievements are recognised through future target setting and our rogues' gallery in the school entrance.
- Have a school council, where children are involved with initiatives around the school.
- Run Pupil Healthy heroes to make the children and staff a healthier, happier and safer.
- Collective Worship time communicates to all children that their worries are important to all staff and that they should and can, talk to us.
- The Worry Bag (based on a Collective Worship story) allows children to write down worries which are then read by Mrs Albion and shared/ solved

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- Outside visitors are invited into school as part of our cross curricular approach to our Emotional Health and Well Being Programme. These visits are linked into our mixed-age rolling programmes.

Examples include:

- visiting story tellers - themes based on Emotional Health and Well-being issues and their solutions;
- dog warden - getting the best from man's best friend;
- Life Coach;
- circle time visitors;
- Rev Milford fortnightly collective worship;
- eye witness accounts of World War 2;
- Lady Birds' Bear telling his encounters/problems;

Emotional Health and Well-Being is delivered through a cross-curricular approach and through the use of circle time, our whole school P.S.H.E. and Citizenship scheme and our continued support of charities.